

Elizabeth (Betty) A. Gonzales, DNP, APRN, ACNP-BC, NEA-BC, CCRN
bettygonzales@tamu.edu

EDUCATION:

University of Texas Health Science Center, Houston, TX; 9/2006 to 5/2009. Graduate Doctor of Nursing Practice (DNP) May 2009.

University of Texas Health Science Center, Houston, TX; 1/01 to 5/03. Graduate MSN/Acute Care Nurse Practitioner. GPA: 3.8.

University of Texas at Austin, Austin, TX; 1997-1998, completed 12 hours of graduate nursing courses with GPA: 4.0.

Austin Community College, Austin, TX; 1994 – 1995, Accounting and related business courses. GPA: 4.0.

University of Mary Hardin-Baylor, Belton, TX; 1987 Graduate, Bachelor of Science- Nursing. GPA: 3.78.

Missouri Southern State College, Joplin, MO; 1982 Graduate, Associate of Science-Nursing. GPA: 3.7; Graduated Second Honors.

CERTIFICATIONS/LICENSURES:

- Registered Nurse – Acute Care Nurse Practitioner with Prescriptive Authority—State of Texas
- Acute Care Nurse Practitioner—Certified by the American Nurses Credentialing Center (ANCC)- July 2003-present.
- Nurse Executive Advanced-Board Certified by the American Nurses Credentialing Center (ANCC)-January 2021-2025
- Critical Care Registered Nurse (CCRN) 1992-present
- Advanced Cardiac Life Support (ACLS) 1984-1998, 2002-present
- Basic Cardiac Life Support (BCLS) 1982-present
- Certified in Fundamentals of Critical Care Support (FCCS), 2005-2007
- NIH Stroke Certified 2009-present
- Emergency Neurological Life Support (ENLS) 9/25/24-9/25/26
- Collaborative Institutional Training Initiative (CITI) 7/14/24 – 7/31/2027

EMPLOYMENT:

Texas A&M University
Aug, 2025 - present

Clinical Assistant Professor-School of Nursing

Methodist Sugar Land Hospital
2007- May, 2025

Director of the Nurse Practitioner Service.
Built program for in-house NP Service

- Director of 26 FTE nurse practitioners that cover the hospital 24 hours/day, 7 days/week.
- Functions approximately 50% in the clinical role
- Participates in hospital and system councils/committees (Shared Governance, Infection Control, Professional Practice, Advancing Nursing Practice-Chair, Research and evidence-based practice, Patient Progression, Palliative Care).

- Work with delegating physicians to ensure quality, evidence-based, efficient care.
- Instrumental in building the following programs:
 - Rapid Response Team
 - STeMI (in conjunction with ED and cath lab)
 - In-house Stroke Response Team
 - Sepsis Team
 - Hypothermia Program
 - Code Blue process improvement
 - POCUS training for ICU NP program
- Mentor Research and Evidence Based Practice Shared Governance Committee Clinical
- Primarily stationed in the ICU but also functions throughout the hospital as the rapid response team, code team; rapid response, stroke, STeMI, Sepsis
- Procedure capable (central lines, PICC, midlines, arterial lines, percutaneous chest tubes, chest tube removal, intubation, IABP removal)
- Works closely with Intensivists in both Surgical and Medical ICU

Memorial Hermann Hospital
Houston, TX

12/99 to 1/07

Acute Care Nurse Practitioner

- Collaborated with intensivist team providing care to cardiovascular surgery patients, including daily rounds and procedural interventions as warranted.
- Worked for Neurosurgery services affiliated with The University of Texas Health Science Center

Staff Registered Nurse.

- Staff nurse in cardiovascular intensive care.
- Employed by private physician in the cardiovascular intensive care unit at Memorial Hermann Hospital (Fadil, Ahmed MD)

University of Texas Health Science Center
Houston, TX
04/00 to 05/01

Research Assistant. Served as research assistant to a PhD nurse researcher

Huntsville Hospital
Huntsville, AL
02/99 - 07/99

Staff Registered Nurse in cardiovascular intensive care

North Austin Medical Center
Austin, TX

ICU Unit Supervisor/Charge Nurse in a 16-bed general intensive care unit. Instrumental in opening this new.

05/95 to 10/98	facility
<u>Succor Health Systems</u> Round Rock, TX 10/94 to 05/95	<u>Staff Registered Nurse</u> . Staff nurse for rural home health agency
<u>St. David's Hospital</u> Austin, TX 04/91 to 10/94	<u>Staff Registered Nurse / Relief Charge Nurse</u> in a general intensive care unit
<u>St. Luke's Hospital</u> Milwaukee, WI 07/88 to 03/91	<u>Staff Registered Nurse</u> in a cardiovascular intensive care unit
<u>Medical Recruiter's of America</u> Ft. Lauderdale, FL	Registered nurse for temporary staffing at two locations:
<u>Ochsner Foundation Hospital</u> New Orleans, LA 03/88 to 06/88	<u>Staff Registered Nurse</u> in a general intensive care unit.
<u>Queens Medical Center</u> Honolulu, HI 08/87 to 02/88	<u>Staff Registered Nurse</u> in a cardiovascular intensive care. unit
<u>Scott and White Hospital</u> Temple, TX 04/84 to 07/87	<u>Staff Registered Nurse / Relief Charge Nurse</u> in intensive care.
<u>St. John's Medical Center</u> Joplin, MO 05/82 to 04/84.	<u>Staff Registered Nurse</u> in a 32-bed medical/surgical unit.

UNIVERSITY SERVICE:

- Adjunct Faculty for The University of Texas Health Science Center at Houston School of Nursing --2012-2013
- Preceptor for Acute Care Nurse Practitioner Students at The University of Texas Health Science Center at Houston, Texas Tech University Health Sciences Center, and University of Houston, Victoria\
- The University of Texas Health Science Center School of Nursing-Alumni Board Treasurer 2014-present

COMMITTEE INVOLVEMENT:

- President of Advanced Practice Nurse council at Memorial Hermann Hospital 2006-2007
- Nurse Practitioner Coalition-Methodist Hospital System

- Conference Planning Committee: Action STAT: Nurse Practitioner Boot Camp multiple years - The Methodist Hospital, Houston, TX
- Served on Board of Directors for University of Texas Health Science Center at Houston School of Nursing Alumni Association
- Altus Hospice Advisory Board 2014
- University of Texas Alumni Board 2013, 2014
- AACN Evidence-based Solutions Poster Abstract Review Panel 2014, 2015, 2022
- Peer reviewer for The Journal of Trauma Nursing and The Journal of the American Academy of Nurse Practitioners 2009-present
- Houston Methodist Research and Evidence-based Practice Symposium abstract reviewer

HONORS AND AWARDS:

- Outstanding Nurse Clinician Award, Methodist Sugar Land Hospital– 2008
- The Joanne V. Hickey DNP Clinical Scholars Award-2009
- 20 Outstanding Nurses’ Award for Excellence in Nursing. Texas Nursing Association, District 9. November 2014
- Gold Medalist for Nursing Administration and Leadership from the Good Samaritan Foundation – Houston –2016
- Graduate of the Texas Hospital Association Fellowship-November 2017
- Distinguished Alumni University of Texas Health Science Center at Houston, Cizik School of Nursing, 2022.

PUBLICATIONS

- Fluid resuscitation in the trauma patient. *Journal of Trauma Nursing*, 15(3), 149-157 (2008).
- Marfan syndrome. *Journal of the American Academy of Nurse Practitioners*, Dec; 21(12) 663-70, (2009).

PRESENTATIONS

- Interpreting Research and Evidence for Practice: Building Partnerships Among Health Care Professionals, Consumers, the Media, and Policy Makers – The Methodist Hospital - Poster Presentation; April 2010
- Second annual Doctor of Nursing Practice Conference 10/2009 – Poster Presentation Sepsis
- 21st annual Texas Nurse Practitioners Conference 9/2009 -Presented “Implementing a Sepsis Team in a Community Setting Hospital.”
- Galveston/Houston Area Nurse Practitioners Conference 9/2009 Poster Presentation-Sepsis
- The Methodist Hospital System - System Quality Integrative Committee - 2009
- Guest speaker at the Emergency Nurses Association (Group 1059) meeting-2/2009
- Local presentation to the staff at Methodist Sugar Land Hospital—2008
 - Sepsis
 - Cardiovascular Surgery
 - Care of the patient post coronary artery bypass surgery
 - Pacemakers
 - Thyroid disorders
 - Rhythm strip interpretation
 - Hypothermia
- Epidemiology of Renal Disease and Hypertension & Hyperlipidemia—Invited guest speaker at the University of Texas Health Science Center at Houston—2005

- Guest speaker at The University of Texas Health Science Center at Houston
 - Sepsis –2009, 2010, 2011, 2012
 - Panel participant for upcoming Nurse Practitioner graduates—2010, 2011
- Guest speaker at The American British Cowdray Medical Center in Mexico City—Rapid Response teams-2015
- Poster presentation at the Magnet Conference— “Reducing Hospital Onset Clostridium Difficile Infections.” October 2018

Academic Course Texas A&M Faculty Member

- Fall 2025
 - NURS 330 Management Care 1
 - NURS 343- Building Healthy Community
 - NURS 467 Leadership & Management for the RN
 - NURS 728 Organizational & System Leadership

PROFESSIONAL MEMBERSHIPS

- American Association of Critical Care Nurses
- American Nurses Association
- Texas Nurses Association
- American Association of Nurse Practitioners
- Texas Nurse Practitioners

COMMUNITY SERVICE

- Speaker at the Houston Methodist Ambassador orientation 2023, 2024
- Participated in community health fair, Methodist Sugar Land Hospital, 2008.
- Parish Nurse 1998.