

CURRICULUM VITAE

Lorena Villalón-Arriaga, MSN, RNC-OB
10913 Smoky Oak Trail Argyle,
TX 76226
Lori.villalon@gmail.com
Villarriaga712@tamu.edu

EDUCATION

DNP graduation	Baylor University Louise Herrington School of Nursing	Projected 2026
MSN	Texas A&M University	2021
BSN	University of Texas at Arlington	2018
ADN	South Texas Community College	2003

LICENSURE AND CERTIFICATIONS

Registered Nurse (Texas, 2003-2024)
Certified Inpatient Obstetric Nursing, National Certification Corporation (RNC-OB
2014-
2026)
Basic Life Support for the Healthcare Professional (expires 2025)

PROFESSIONAL NURSING PRACTICE

John Peter Smith Health System- Community Health

RN Clinical Educator 2021-2022

Evaluated and facilitate Staff RNs, LVNs, and CMAs in the clinical
setting

Assisted in the preparation of course content through lecture, and
clinical experiences.

Onboarded new employees through New Hire Orientation
Facilitated annual Skills Fair

Texas Health Resources-Bedford, TX

Labor & Delivery RN

2012-2021

Assessed and provided care of patients presenting to Labor & Delivery unit.

Assessed patient for active labor, complications, and fetal heart tones, provided feedback to providers for continued care of the obstetric patient.

Administered medications, interventions, and emergency care as directed under the supervision of an obstetric physician or midwife.

Assigned duties included sole responsibility of a four- bed triage, for 9 bed labor, delivery, and recovery unit, managed care of patients prior to active labor and assessed for obstetrical emergencies that included all charge nurse responsibilities.

Participated in shared governance educational team, was a preceptor for incoming nursing staff and for RN Residency Program

McAllen Medical Center-South Texas Health Systems

Labor & Delivery RN

2003-2012

Assessed and provided care of patients presenting to Labor & Delivery unit.

Assessed patient for active labor, complications, and fetal heart tones, provided feedback to providers for continued care of the obstetric patient.

Circulated routine and emergent cesarean section deliveries while utilizing sterile technique and practice universal protocols for safe patient management.

TEACHING EXPERIENCE

Tarrant County College District- Fort Worth, TX

Jan 2022- Present

UNIVERSITY LEVEL COURSES TAUGHT

NURS 307- Foundations	<i>Spring 2024</i>
NURS 323- Nursing Care of Women, Families, and Newborn (Course Lead)	<i>Spring 2024</i>
NURS 307- Foundations	<i>Fall 2023</i>
NURS 323- Nursing Care of Women, Families, and Newborn (Course Lead)	<i>Fall 2023</i>
NURS 315- Nursing and the Aged	<i>Summer 2023</i>
NURS 320- Adult Health I	<i>Summer 2023</i>
NURS 323- Nursing Care of Women, Families, and Newborn	<i>Spring 2023</i>
NURS 323- Nursing Care of Women, Families, and Newborn	<i>Spring 2022</i>
NURS 323- Nursing Care of Women, Families, and Newborn	<i>(Course Lead) Summer 2022</i>
NURS 307 – Foundation of Nursing Clinical Practice	<i>Fall 2022</i>
NURS 315- Nursing and the Aged	<i>Fall 2022</i>
NURS 315- Nursing and the Aged	<i>Spring 2023</i>

HONORS AND AWARDS

Texas Health Resources-Healing Hands, Caring Heart Award	2017
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Sigma Theta Tau International Nursing Honor Society Inductee

2021

PUBLICATIONS

Non-Peer Refereed

Wells-Beede, E., Burns, R., Villalon-Arriaga, L., Pepper, C., & Halling, T.D. (2021). Nursing care of women, families, and newborns. Texas A&M University [Open Educational Resource]. <https://nurs323.pressbooks.com/>

2

Villalon-Arriaga, L., Wells-Beede, E., Seo, J.H., & Thai, L. (September 2024). A prenatal home visit in virtual reality. National League for Nursing (NLN) Education Summit 2024, San Antonio, Texas.

MEMBERSHIP AND INVOLVEMENT IN PROFESSIONAL ORGANIZATIONS

American College of Nurse Midwives- Student Member 2023

Association of Women's Health, Obstetrics and Neonatal Nurses – Member; circa 2017

Sigma Theta Tau International Nursing Honor Society – 2023; Phi Iota Chapter American College of Nurse Midwives-2024