

CURRICULUM VITAE

Muna Bhattacharai, PhD, RN, CRC
Assistant Professor
Texas A&M University, School of Nursing
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EDUCATION

Ph.D.	University of Wisconsin-Madison, Rehabilitation Counselor Education <u>Minor:</u> Counseling Psychology Madison, WI	2021
MA Psychology	Padma Kanya Multiple Campus Psychology Tribhuvan University, Nepal	2019
MSN	Prince of Songkla University Adult and Geriatric Nursing Songkhla, Thailand	2017
Post Basic Bachelor of Nursing (PBBN)	Nepal Institute of Health Sciences Hospital Nursing Kathmandu, Nepal	2012
Proficiency Certificate Level (PCL) Nursing	College of Medical Sciences Teaching Hospital Staff Nurse Chitwan, Nepal	2005

LICENSURE AND CERTIFICATION

Registered Nurse, Texas Board of Nursing, RN# 1029439, 2021 – Present
Registered Nurse, Nepal Nursing Council, RN# 6056, 2005 – Present
Certified Rehabilitation Counselor, CRCC, CRC# 584971, 2022 – Present

PROFESSIONAL EXPERIENCES

Texas A&M University School of Nursing Assistant Professor	2021-Present
University of Wisconsin-Madison, Madison, WI Department of Rehabilitation Psychology & Special Education	

Graduate Teaching and Research Assistant	2018-2021
Division of Vocational Rehabilitation	
Vocational Counselor Assistant	5/2019-12/2019
Hope International College, Kathmandu, Nepal	
Nursing Lecturer	2017-2018
Nepal Institute of Health Sciences, Kathmandu, Nepal	
Nursing Instructor and Coordinator	2013-2015
College of Medical Sciences, Chitwan, Nepal	
Registered Nurse	2005-2010

HONORS AND AWARDS

The 33rd annual Montague-Center for Teaching Excellence (MCTE) Scholar Award Nominee, Texas A&M University	2023
Dean's Faculty Best Research Paper Award, Texas A&M University School of Nursing	2023
EnMed Scholarship to attend the 2023 Duke Evidence-Based Practice Workshop for Educators and Champions of EBP, Texas A&M University	2023
Edmond J. Safra Visiting Nurse Faculty Scholar, Parkinson's Foundation	2022
ADVANCE National Center for Faculty Diversity and Development (NCFDD) Faculty Success Program Fellow, Texas A&M University	2022
School of Education Bridge to Success Summer Fellow, University of Wisconsin-Madison, WI	2020
Student research grants competition Award - Conference presentation Spring 2019, Scholarship Hub, University of Wisconsin-Madison, WI	2019
Prestige outstanding master's degree thesis award in Social Science Prince of Songkla University, Thailand	2018
Best paper award (oral presentation) at Fourth National Summit of Health and Population Scientists in Nepal, Nepal Health Research Council (NHRC), Nepal	2018
Two-year Graduate School Fellowship, University of Wisconsin-Madison, Wisconsin Alumni Research Foundation, WI	2018
Best poster presentation award at the 2017 International Nursing Conference on Ethics, Esthetics, and Empirics in Nursing: Driving Forces for Better Health, Prince of Songkla University, Songkhla, Thailand	2017
Thailand's Educations Hub for Southern Regions of ASEAN Countries (TEC-AC) Scholarship, Graduate School, Prince of Songkla University, Thailand	2015-2017
Academic excellence in Bachelor of Nursing, Nepal Institute of Health Science, Nepal	2013

SCHOLARSHIP**RESEARCH GRANT- FUNDED AND ACTIVE**

- 2022-2024 “Examining posttraumatic stress symptoms, resilience, mindfulness, and posttraumatic growth in college students with disabilities during the COVID-19 pandemic.” Panther Research & Innovation for Scholarly Excellence (PRISE) grant, Prairie View A&M University/Texas A&M University. Funding amount: \$40,000. Role: PI
- 2022-2024 “Rehabilitation services for people with spinal cord injury (SCI): Exploring perspectives of people with SCI and rehabilitation professionals.” Texas A&M University School of Nursing Start-up grant; Funding amount: \$15,000. Role: PI.

RESEARCH PROJECT COMPLETED

- 2021-2022 “Living with spinal cord injury during the COVID-19 pandemic.” Self-funded. Role: PI
- 2018-2019 “Character strengths as buffers against the negative effects of multiple sclerosis.” National Multiple Sclerosis Society. Funding amount: \$55,000. Role: Graduate Research Assistant (PI: Susan Miller Smedema)
- 2017-2018 “The role of self-efficacy and social support in the subjective well-being of people with spinal cord injury in Nepal.” Young Health Professionals Research Training 2017, Nepal. Funding amount: \$250 (NRS. 25,000). Role: PI
- 2016-2017 “Determinants of resilience among people who sustained spinal cord injury from the 2015 earthquake in Nepal.” Prince of Songkla University, Thailand. Funding amount: \$400 (THB 12,000). Role: PI

RESEARCH GRANT- UNDER REVIEW

- 2023 “Texas A&M Care Access through Rural Engagement and Education (TXAN Mobile CARE)-East Texas,” Temple Foundation. Funding amount: \$1,305,900. Role: Program Evaluator, 8% effort.
- 2023 “Examining the role of mindfulness in reducing burnout and promoting well-being among forensic nurses.” Southern Nursing Research Society. Funding amount: \$7,500. Role: PI

2023 “Stress, sleep, and personal and professional outcomes in Texas teachers.” 2024 Catapult Seed Grant, Texas A&M University. Funding amount: \$ 29,801. Role: Co-PI.

RESEARCH GRANT- SUBMITTED, NOT FUNDED

2023 “Mindful Self-care intervention to improve health outcomes in people with spinal cord injuries: A pilot study.” Craig H. Neilsen Foundation. Funding amount: \$300,000. Role: PI, 20% effort.

2023 “Mindful Self-care intervention to promote well-being in forensic nurses: A pilot study”. International Association of Forensic Nurses. Funding amount: \$25,000. Role: PI.

2023 “Developing Resources for Evaluating and Enhancing Highway Construction Workers’ Mental Health. Center for Construction Research and Training (CPWR).” Funding amount: \$49,746. Role: Co-PI

2023 “Exploring stigma, access to resources, and adherence to mental health treatment in underserved rural people with co-occurring mental and physical disabilities.” Robert Wood Johnson Foundation. Funding amount: \$300,000. Role: PI.

2022 “Stigma and its relation to psychological pain and well-being in people with physical disabilities. American Psychological Foundation.” Funding amount: \$10,000. Role: Co-PI

2022 “A competency-based approach to leadership development and resilience for student nurses. American Association of Colleges of Nursing.” Funding amount: \$10,000. Role: Co-PI

2021 “A mindfulness-based self-management intervention using telehealth to improve well-being in veterans with cardiovascular diseases.” Johnson & Johnson Innovation. Funding amount: \$250,000. Role: Co-PI

RESEARCH AND PUBLICATIONS

Peer-Reviewed Publications

Bhattarai, M., McDaniels, B., Jin, Y., & Smedema, S.M. (2024). Pain and quality of life in persons with spinal cord injury: A mediating role of mindfulness, self-efficacy, social support, and functional independence. *The Journal of Clinical Psychology*. 80(2): 406-420. <https://doi.org/10.1002/jclp.23616>

Jin, Y., Brown, R., **Bhattarai, M.**, & Song J. (2023). Urban–rural differences in associations among perceived stress, resilience, and self-care in Chinese older adults with multiple chronic conditions. *International Journal of Older People Nursing*. Advanced Online Publication. <https://doi.org/10.1111/opn.12591>

- Bhattarai, M.,** Clements, P. T., & Downing, N. R. (2023). Mindfulness-based self-care for forensic nurses: A professional lifestyle approach. *Journal of Forensic Nursing*. Advanced Online Publication. <https://doi.org/10.1097/JFN.0000000000000456>
- Bhattarai, M.,** Shigemoto, Y., & Smedema S.M. (2023). Role of self-efficacy on functional limitations among persons with spinal cord injury. *Chronic Illness Journal*. Advanced Online Publication. <https://doi.org/10.1177/17423953231203731>
- Matkin, K., **Bhattarai, M.,** & Smedema, S. M. (2023). Potential benefits of Mindfulness-Based Strength Practice for individuals with disabilities in vocational rehabilitation settings. *Rehabilitation Counselors and Educators Journal*. 12(2). <https://doi.org/10.52017/001c.84885>
- Taylor, H. B., Hughes, R., Gonzalez, D., **Bhattarai, M.,** & Robinson-Whelen, S. (2023). Psychosocial impacts of the COVID-19 pandemic on women with spinal cord injury. *International Journal of Environmental Research and Public Health*, 20, 6387. <https://doi.org/10.3390/ijerph20146387>.
- Jin, Y., Brown, R., **Bhattarai, M.,** Kuo, W., & Chen Y. (2023). Psychometric properties of the self-care of chronic illness inventory in Chinese older adults with multiple chronic conditions. *International Journal of Older People Nursing*. Advance online publication. <https://doi.org/10.1111/opn.12536>
- Bhattarai, M.** & Smedema, S. (2023). Improving the health of persons with disabilities living in poverty: A scoping review. *Rehabilitation Counselors and Educators Journal*. 12(1). <https://doi.org/10.52017/001c.37747>
- Bhattarai, M.,** Sherpa, P. D., & Limbu, S. (2023). A qualitative study of coping strategies in persons with spinal cord injury during the COVID-19 pandemic. *Rehabilitation Psychology*, 68(1), 25–31. <https://doi.org/10.1037/rep0000477>
- Jin, Y., **Bhattarai, M.,** Kuo, W., & Bratzke, L. (2023). Relationship between resilience and self-care in people with chronic conditions: A systematic review and meta-analysis. *Journal of Clinical Nursing*, 32(9-10), 2041-2055. <https://doi.org/10.1111/jocn.16258>
- Bhattarai, M.,** Smedema, S., Hoty, W., & Bishop, M. (2022). The role of mindfulness in quality of life of persons with spinal cord injury: A cross-sectional study. *Health and Quality of Life Outcomes*, 20, 148. <https://doi.org/10.1186/s12955-022-02059-w>
- Bhattarai, M.,** Limbu, S. & Sherpa, P. D. (2022). Living with spinal cord injury during COVID-19: A qualitative study of impacts of the pandemic in Nepal. *Spinal Cord*, 60(11), 984-989. <https://doi.org/10.1038/s41393-022-00812-y>

- Li, J., Bishop, M., Fraser, R., Rumrill, P. D., LaRocca, N., Burns, M., Lee, D., & **Bhattarai, M.** (2022). Quality of life and experience with the National Multiple Sclerosis Society strategic plan priorities for people with multiple sclerosis: Findings from path analysis. *Work, 1*(4), 987-1005. <https://doi.org/10.3233/WOR-205038>
- Smedema, S., Lee, D., & **Bhattarai, M.** (2022). An examination of the relationship of core self-evaluations and life satisfaction in college students with disabilities. *Rehabilitation Counseling Bulletin, 65*(2), 129-139. <https://doi.org/10.1177/0034355221993569>
- Bhattarai, M.**, Huang, Y., Castruita Rios, Y., & Smedema, S. (2021). Factor structure of values in action inventory of strengths -72 in individuals with multiple sclerosis. *Rehabilitation Research, Policy, and Education, 35*(2), 94-106. <https://doi.org/10.1891/RE-20-24>
- Bhattarai, M.**, Jin, Y., Smedema, S., Cadel, K. R., & Baniya, M. (2021). The relationships among self-efficacy, social support, resilience, and subjective well-being in persons with spinal cord injuries. *Journal of Advanced Nursing, 77*(1), 221-230. <https://doi.org/10.1111/jan.14573>
- Bhattarai, M.**, Smedema, S., & Maneewat, K. (2021). An integrative review of factors associated with resilience post-spinal cord injury. *Rehabilitation Counseling Bulletin, 64*(2), 118-127. <https://doi.org/10.1177/0034355220938429>
- Smedema, S. & **Bhattarai, M.** (2020). The unique contribution of character strengths to quality of life in persons with multiple sclerosis. *Rehabilitation Psychology, 66*(1), 76–86. <https://doi.org/10.1037/rep0000363>
- Bishop, M., Rumrill, S., McDaniels, B., Li, J., Fraser, R., Rumrill, P.D., & **Bhattarai, M.** & Park, M. (2020). Information and resources to the quality of life of people living with multiple sclerosis. *Australian Journal of Rehabilitation Counselling, 26*(2), 92-104. <https://doi.org/10.1017/jrc.2020.17>
- Baniya, M., Groves, C. C., & **Bhattarai, M.** (2019). Intermittent catheterization practice of people with spinal cord injury in five districts of Nepal. *Australian and New Zealand Continence Journal, 25*(1), 10.
- Bhattarai, M.**, Maneewat, K., & Sae-Sia, W. (2018). Psychosocial factors affecting resilience in Nepalese individuals with earthquake-related spinal cord injury: A cross-sectional study. *BMC Psychiatry, 18*, 60. <https://doi.org/10.1186/s12888-018-1640-z>

Bhattarai, M., Maneewat, K., & Sae-Sia, W. (2018). Determinants of resilience among people who sustained spinal cord injury from the 2015 earthquake in Nepal. *Spinal Cord*, 56, 78–83. <https://doi.org/10.1038/sc.2017.93>

Bhattarai, M., Maneewat, K., & Sae-Sia, W. (2018). Response to correspondence by Fakhr-Movahedi et al. *Spinal Cord*. <https://doi.org/10.1038/s41393-018-0096-9>

Manuscripts in Review

Huang, Y., **Bhattarai, M.,** Cho, E., & Yoon, H. (in review). Impact of social and emotional support on serious psychological distress among people with functional disability and type 2 diabetes. *Chronic Illness Journal*.

Bhattarai, M., Karki, S., Baniya, M., Dhakal, R., & Taylor, H. B. (in review). Rehabilitation services for people with spinal cord injury: A qualitative study exploring rehabilitation professionals' perspectives. *Rehabilitation Psychology*.

Book Chapters

Bhattarai, M., & Adhikari, P. (2022). Contributions of females to the advancement of Psychology in Nepal. In Adhikari, Y., Shrestha, S., & Sigdel, K. (eds). *Nepalese Psychology: Volume One* (pp. 2- 20). Evincepub. India: Chattisgarh.

Bishop, M., **Bhattarai, M.,** Rumrill, S., Park, M., & Lee, D. (2022). Community resources and partnerships. In F. Chan, M. Bishop, J. Chronister, E-J. Lee, & C-Y. Chiu (Eds.), *Certified Rehabilitation Counselor examination preparation* (3rd ed.). New York: Springer.

Bishop, M., Rumrill, S., Park, M., **Bhattarai, M.,** Zhou, K., Kim, J., & Baumunk, M. (2022). Rehabilitation, disability, and healthcare case management. In F. Chan, M. Bishop, J. Chronister, E-J. Lee, & C-Y. Chiu (Eds.), *Certified Rehabilitation Counselor examination preparation* (3rd ed.). New York: Springer.

Rumrill, S., & **Bhattarai, M.** (2022). Transitions for students with disabilities. In B. Kinyanjui (Ed.), *Disability and accommodations in higher education: A handbook for disability advisors*. Taylor & Francis.

Mpofu, N., **Bhattarai, M.,** & Smith, S.D. (2022). Human resource considerations for supporting employees with neurological disorders: Multiple Sclerosis and Spinal Cord Injury. In: Potgieter, I.L., Ferreira, N. (eds) *Managing human resources* (pp. 307-324). Springer, Cham.

CONFERENCE PRESENTATIONS

- Bhattarai, M., & Matkin, K. (2023).** *Mindfulness-based strength practice for individuals with disabilities in vocational rehabilitation settings.* Online presentation at 2023 QE National Symposium on Rehabilitation Counseling, June 7-8, 2023, Wisconsin, USA.
- Spears, B. & **Bhattarai, M. (2023).** *Prevalence of COVID-19 and posttraumatic stress symptoms among PVAMU & TAMU students.* Poster Presentations at Research & Innovation (R&I) Week: Faculty Research Day, Prairie View A&M University.
- Huang A. & **Bhattarai M. (2023).** *Impact of social and emotional support on serious psychological distress among people with functional disability and type 2 diabetes.* Poster presentation at SNRS 37th Annual Conference, March 1-3, 2023, Orlando, USA.
- Bhattarai, M., Sherpa, P. D., & Limbu, S. (2022).** *Impacts of the COVID-19 pandemic on persons with spinal cord injury: A qualitative study.* Online poster presentation at the 61st ISCoS Annual Scientific Meeting, September 15-18, 2022, Vancouver, Canada.
- Bhattarai, M. & Smedema, S. (2022).** *Quality of life in persons with spinal cord injury: Role of mindfulness.* Paper presented at National Council on Rehabilitation Education Conference, Spring 2022.
- Bhattarai, M., Phillips, B., & Bishop, M. (2022).** *Determinants of quality of life among employed people with multiple sclerosis: A hierarchical regression analysis.* Poster presented at National Council on Rehabilitation Education Conference, Spring 2022.
- Bishop, M., Fleming, A., Phillips, B., Rios, Y. C., Huang, Y., Lee B., & **Bhattarai, M. (2021).** *Founding mothers: Women who created our past and how they inform our future.* Paper presented online at National Council on Rehabilitation Education Conference, Spring 2021.
- Jin, Y., & **Bhattarai, M., Kuo, W. (2021).** *Relationship between resilience and self-care in people with chronic conditions: A Systematic review and meta-analysis.* Poster presented online at the Midwest Nursing Research Society 45th Annual Research Virtual Conference, March 24-57, 2021, USA.
- Bishop, M., Rumrill, P., Lee B., McDaniels, B., Frain., M., Park., M., & **Bhattarai, M. (2020).** *What is most important to QOL in multiple sclerosis: A national qualitative analysis.* Paper presented online at National Council on Rehabilitation Education Conference, Spring 2020.

Bhattarai, M. & Smedema, S. (2020). *The unique contribution of character strengths to quality of life in persons with multiple sclerosis*. Online poster presented at National Council on Rehabilitation Education Conference, Spring 2020.

Smedema, S., Lee, D., & **Bhattarai, M.** (2019). *An examination of the relationship of core self-evaluations and life satisfaction in college students with disabilities*. Poster presented at 19th Annual National Council on Rehabilitation Education Conference, April 16-18, 2019, San Diego, California, USA.

Bhattarai, M. (2018). *Demographic and injury-related determinants of resilience among people who sustained spinal cord injury from the 2015 earthquake in Nepal*. Paper presented at Fourth National Summit of the Health and Population Scientists in Nepal, 11-12 April 2018, Nepal Health Research Council (NHRC), Kathmandu, Nepal

Bhattarai, M., & Cadel, K. R. (2018). *Psychological well-being among persons with spinal cord injury in Nepal*. Paper presented at International Mental Health Conference Nepal 2018 (IMHCN 2018), February 16-17, 2018, Kathmandu, Nepal

Bhattarai, M., & Maneewat, K. (2017). *Factors contributing to resilience in individuals with disaster-related spinal cord injury: An integrative review*. Poster presented at the 2017 International Nursing Conference on Ethics, Esthetics, and Empirics in Nursing: Driving Forces for Better Health, 5-7 July 2017. Prince of Songkla University, Songkhla, Thailand.

INVITED PRESENTATIONS

Bhattarai, M. (2024, January 11). **Panelist:** *How to balance home and work with early career goals*. Early Career and Trainee Support (ECATs) Membership Series (EMSS). Academy of Spinal Cord Injury Professionals, USA.

Bhattarai, M. (2023). *Healthcare career and research trajectory*. School of Nursing Honors Program Seminar, Texas A&M University, USA.

Bhattarai, M. (2023). *Professional mindful communication in nursing*. School of Nursing RN to BSN live symposium, Texas A&M University, USA.

Bhattarai, M. (2022). *Overview of research program and trajectory*. School of Nursing Honors Program Seminar, Texas A&M University, USA.

Bhattarai, M. (2022). *Career in the Nursing profession*. Rehabilitation Counselor program, University of Wisconsin-Madison, USA.

Bhattarai, M. (2020). *Steps of conducting a literature review for independent study*. Faculty of Nursing, Prince of Songkhla University, Thailand

Keynote presentation

Bhattarai, M. (August 22, 2023). *Strength-based approach in caring for people with chronic illnesses and disabilities*. International Nursing Seminar 2023 on Transforming Nursing Future in Digital, Technology, Innovation and Collaboration for Nursing Education and Practice, Rajawali Health Institute, West Java, Indonesia

TEACHING

Texas A&M University, School of Nursing

Spring 2024	NURS 411 Evidence-Based Practice for Nurses
	NURS 461 Application of Evidence-Based Practice for the RN (online)
Fall 2023	NURS 411 Evidence-Based Practice for Nurses
Summer 2023	NURS 461 Application of Evidence-Based Practice for the RN (online)
Spring 2023	NURS 411 Evidence-Based Practice for Nurses
	NURS 461 Application of Evidence-Based Practice for the RN (online)
Fall 2022	NURS 411 Evidence-Based Practice for Nurses
Spring 2022	NURS 461 Application of Evidence-Based Practice for the RN (online)
Fall 2021	NURS 307 Foundations of Nursing Practice Clinical

University of Wisconsin-Madison, Department of Rehabilitation Psychology

Instructor

Summer 2021	RPSE 630 Internship in Rehabilitation Psychology or Special Education
Spring 2021	RPSE 310 Positive Psychology and Well-being (online)
Fall 2020	RPSE 310 Positive Psychology and Well-being
Spring 2020	RPSE 630 Internship in Rehabilitation Psychology or Special Education
Fall 2019	RPSE 501/630 Rehabilitation-Counseling Psychology Application
	RPSE 630 Internship in Rehabilitation Psychology or Special Education

Auxiliary Instructor

Summer 2021	RPSE 880 Clinical Rehabilitation Counseling – Practicum I
Summer 2020	RPSE 880 Clinical Rehabilitation Counseling – Practicum I
	RPSE 125 Introduction to Health and Rehabilitation Professions
Spring 2020	RPSE 501/630 Rehab-Counseling Psychology Application & Internship
Fall 2019	RPSE 660 Clinical Rehab Counseling –Diagnosis & Treatment Planning
Summer 2019	RPSE 880 Clinical Rehabilitation Counseling – Practicum I

Spring 2019	RPSE 501/630 Rehab-Counseling Psychology Application & Internship RPSE 660 Sport Psychology RPSE 125 Introduction to Health and Rehabilitation Professions
Fall 2018	RPSE 501/630 Rehab-Counseling Psychology Application & Internship RPSE 880 Clinical Rehabilitation Counseling – Practicum I RPSE 501/630 Rehab-Counseling Psychology Application & Internship

Hope International College, Nepal (Nursing Lecturer)

2017-2018	Mental Health Nursing, Didactic and Clinical Fundamentals of Nursing, Clinical Research Methodology in Nursing, Didactic Nursing Concepts and Theories, Didactic Medical-Surgical Nursing, Clinical
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Nepal Institute of Health Science, Nepal (Nursing Instructor)

2013-2015	Fundamentals of Nursing, Didactic and Clinical Community Health Nursing, Practicum Anatomy and Physiology, Didactic
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MEMBERSHIP AND INVOLVEMENT IN PROFESSIONAL ORGANIZATIONS

Professional Affiliations

2023-Present	International Association of Forensic Nurses, Member
2023-Present	American Public Health Association, Member
2022- Present	Southern Nursing Research Society, Member
2020 - 2023	National Council on Rehabilitation Education, Member
2018 - Present	The International Spinal Cord Society, Member
2020 - Present	United Spinal Association, Member
2009 - Present	Nursing Association of Nepal, Member

SERVICE TO THE PROFESSION

Community and Professional Service

2024-Present	Member, Research Committee, Academy of Spinal Cord Injury Professionals
2023-Present	Board Member, Spinal Cord Injury Nurses Section, Academy of Spinal Cord Injury Professionals
2023-Present	SCI Model Systems Medical and Scientific Advisor, Texas Model System
2022-Present	Member and Research Advisor, 515 A3 Initiative (Foundation)

Conference Abstract Reviewer

2023-present	<i>Southern Nursing Research Society (SNRS) Conference</i>
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Journal Reviewer

2023-present	<i>Rehabilitation Psychology</i>
2023-present	<i>International Journal of Qualitative Studies in Health & Well-being</i>
2023-present	<i>Scientific Reports</i>
2023-present	<i>BMC Public Health</i>
2022-present	<i>Clinical Nursing Research</i>
2022-present	<i>Psychology Research and Behavior Management</i>
2022-present	<i>Chronic Illness</i>
2021-present	<i>Journal of Rehabilitation</i>
2020-present	<i>Spinal Cord</i>
2020-present	<i>Cogent Psychology</i>
2020-present	<i>Health and Quality of Life Outcomes</i>

Services to Texas A&M University and School of Nursing (SON)

2023-Present	Faculty Search Committee Member, Academic Professional Track, SON
2023-Present	Faculty Member, Bylaws Committee, SON
2023-Present	Coordinator for Journal Club, SON
Spring 2023	Faculty Facilitator for IPER Symposium
Spring 2023	Faculty Facilitator for TeamSTEPPS student training
2023-Present	Faculty Advisor, Nepalese Student Association
2022- 2023	Faculty Advisor, Student Nurses Organization for Health and Wellness (SNOHW)
Fall 2022	Faculty Facilitator for IPER Symposium
2022-2023	Faculty Member, Climate & Diversity Committee, SON
2022-2023	ATI Champion: SON
2021-Present	Faculty Member, Research Committee, SON
Spring 2022	Faculty Observer, Disaster Day

Service – Student Advising and Mentoring

Dates	Student name & Department	Mentorship activities
2024-present	Kristen Willingham Marek, Doctoral student, Physical Education Activity Program, Texas A&M University	Dissertation committee
2023-present	Kaitlyn Matkins, Doctoral student, Department of Rehabilitation Psychology and Special Education, University of Wisconsin-Madison	Dissertation committee
2023-present	Laurel Curran, Doctoral student, Department of Health Behavior, Texas A&M University	Dissertation committee
2023	Sadiksha Karki, MPH Student, School of Public Health	Research, Scholarly Writing
2022-2023	Rena Li, MPH Student, School of Public Health	Research, Scholarly Writing
2023	Morgan Langlais, Honors Student, School of Nursing	Research, Scholarly Writing

2022	Priyadharshini Venkatasubramaniam, MPH Student, School of Public Health	Research, Scholarly Writing
2022	Mounika Kudary, MPH Student, School of Public Health	Research, Scholarly Writing

PROFESSIONAL DEVELOPMENT

2024	Building a Bridge Level 1 to Level 2: Preparing Practice-ready Nurse, Faculty Development Workshop (3 hours), 2024 School of Nursing Spring Kick-off	
2024	Rethinking Nursing Education/Setting the Stage and Recentering our Purpose, Faculty Development Workshop (6 hours), 2024 School of Nursing Spring Kick-off	
2023	Development and Change and Transition, Faculty Workshop Team (3 hours), 2023 School of Nursing Fall Kick-off	
2023	Hanover Research Grant Writing Workshop – Developing great proposal aims and objectives	
2023	2023 Duke Evidence-Based Practice Workshop for Educators and Champions of Evidence-Based Practice (30 Credit hours)	
2023	Hanover Research Grant Writing Workshop – Specific Aims	
2023	Phase 2 - Competency-Based Curriculum Design: Bringing it Together for Success, Faculty Development Workshop, TAMU (6 contact hours)	
2023	Implementing a Competency-Based Curriculum, Faculty Development Workshop	
2022	Edmond J. Safra Visiting Nurse Faculty Scholar, Parkinson's Foundation (50 contact hours)	
2022	6-Week Live Online Mindfulness & Happiness Program by Know Thyself Happy	
2022	Mindfulness-based Stress Reduction course (8 weeks online) by Palouse mindfulness	
2022	Texas A&M University Grant Writer's Workshop	
2021, 2023	Basic Life Support Training	
2020	Training on improving cultural competency for behavioral health professionals, provided by the U.S. Department of Health & Human Services (5.5 hours)	
2020	Community Comprehensive Services (CCS) training provided by Dane County Human Services, Madison, WI (40 hours)	
2020	Training on Best Practices - Suicide Risk Assessment provided by Journey Mental Health Center, Madison, WI (4 hours)	
2020	Training on the use of the Columbia- Suicide Severity Rating Scale, provided by Journey Mental Health Center, Madison, WI (2 hours)	
2015	Training on basic counseling skills, advanced counseling skills, communication skills, and psychological first aid, provided by Padma Kanya Multiple Campus, Nepal	

REHABILITATION AND MENTAL HEALTH EXPERIENCE

Summer **Rehabilitation Counselor Intern**

2020 Journey Mental Health - Yahara House (Clubhouse Model), Madison, WI

- Conducted initial interviews and updated assessment
- Developed and updated recovery plans
- Provided individual and group counseling to individuals with severe mental illnesses
- Provided rehabilitation/vocational counseling services (transitional employment services)
- Provided individualized skill development services

Summer **Vocational Counselor Assistant**

and Fall Division of Vocational Rehabilitation, Madison, WI

- 2019
- Conducted initial interviews
 - Determined eligibility using functional assessment rating
 - Provided vocational counseling services and guidance
 - Assisted clients in developing an individualized plan of employment
 - Coordinated with different service providers/agencies

8/2017- **Psychology Practicum Student**

10/2017 Nepal Academy of Psychology, Lalitpur, Nepal

- Worked with children with developmental disabilities
- Provided different therapies under the supervision
- Conducted ongoing assessment of progress

1/2018 - **Psychology Practicum Student**

2/2018 Department of Psychiatry and Mental Health, Tribhuvan University Teaching Hospital, Kathmandu, Nepal

- Conducted initial interviews and mental status examinations of the patients
- Provided counseling under supervision
- Assisted psychiatrists and clinical psychologists with intake and testing in both outpatient and inpatient departments
- Administered psychological assessments and testing under the supervision