

**SONYA GRIGSBY, DNP, APRN, AGACNP-BC, FNP-BC, EMBA-HCM, CCRN, EBP-CH**

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**EDUCATION**

**Graduate School**

**Doctorate in Nursing Practice**

University of Texas at Tyler-06/01/2017-May 2020

**MSN, AGACNP**

Walden University- 08/01/2015-11/10/2016

**Post-MSN FNP**

University of Texas at Tyler-01/2020-May 2022

**Executive MBS in Healthcare**

University of Texas at Tyler-01/2021-December 10, 2022

**Undergraduate School**

BSN University of Texas at Tyler- 08/01/2010-08/10/2011

ADN Illinois Eastern Community College-01/01/2005-05/05/2008

**Current Licenses and Certifications**

**State of Texas-APRN-AP133115-01/27/2017-03/31/2026**

**State of Texas-RN-757379-07/03/2008-03/31/2026**

**State of Montana-NUR-APRN-LIC-179400-10/14/2021-12/31/2024**

**CCRN Certification-06/1/2016-05/31/2025**

**ACLS certification-07/2019-08-2025**

**BLS certification-07/2019-07/2025**

**ENLS certification-12/12/2017-12/13/2025**

**ANCC AGACNP-12/21/2016-12/20/2026**

**ANCC FNP-BC-08/15/2022-08/14/2027**

**DEA-TX-MG4225733-02/22/2017-09/30/26**

**FCCS certification-October 2019-current**

**RELATED EXPERIENCE**

**Texas A&M College of Nursing**

08/01/2024-Current

- Clinical Assistant Professor
- NURS 305

Fall 2024

- NURS 305 Spring 2025
- NURS 622 Spring 2025
- AGACNP Program Director/Development Current

**Christus Mother Frances Hospital Tyler, AGACNP, Trinity Clinic Intensivists**

03/01/2017-01/2024

- Midshift nurse practitioner in practice collaborating with ICU intensivists, providing direct medical care, consultation,
- Track and document patients' status and needs through patient interviews and chart reviews.
- Manage patients through prioritizing and counseling, according to urgency.
- Follow evidence-based guidelines blended with clinical experience, personal observation and intuition
- Central line insertion, intubations

**Dallas Pulmonary Critical Care**

05/15/2023-Current

- Night shift nurse practitioner in practice collaborating with Critical Care Services, providing direct medical care, consultation,
- Track and document patients' status and needs through patient interviews and chart reviews.
- Manage patients through prioritizing and counseling, according to urgency.
- Follow evidence-based guidelines blended with clinical experience, personal observation and intuition
- Central line insertion, intubations

**OSF Hospital Peoria, Illinois AGACNP, Critical Care Services** 11/01/2018-05/30/2021

- Locum night shift nurse practitioner in practice collaborating with Critical Care Services, providing direct medical care, consultation,
- Track and document patients' status and needs through patient interviews and chart reviews.
- Manage patients through prioritizing and counseling, according to urgency.
- Follow evidence-based guidelines blended with clinical experience, personal observation and intuition
- Central line insertion, intubations

**Integrus Baptist Medical Center, Oklahoma City, Oklahoma, AGACNP, Critical Care Services**

11/15/2021-03/18/2022

- Locum night shift nurse practitioner in practice collaborating with Critical Care Services, providing direct medical care, consultation,

- Track and document patients' status and needs through patient interviews and chart reviews.
- Manage patients through prioritizing and counseling, according to urgency.
- Follow evidence-based guidelines blended with clinical experience, personal observation and intuition
- Central line insertion, intubations

**Billings Clinic Hospital, Billings, Montana, AGACNP, Critical Care Services**

11/082021-11/14/2021

- Locum night shift nurse practitioner in practice collaborating with Critical Care Services, providing direct medical care, consultation,
- Track and document patients' status and needs through patient interviews and chart reviews.
- Manage patients through prioritizing and counseling, according to urgency.
- Follow evidence-based guidelines blended with clinical experience, personal observation and intuition
- Central line insertion, intubations

**Indiana University-North, Indianapolis, Indiana, AGACNP, Critical Care Services**

08/01/2022-12/31/2022

- Locum night shift nurse practitioner in practice collaborating with Critical Care Services, providing direct medical care, consultation,
- Track and document patients' status and needs through patient interviews and chart reviews.
- Manage patients through prioritizing and counseling, according to urgency.
- Follow evidence-based guidelines blended with clinical experience, personal observation and intuition
- Central line insertion, intubations

**Christus Mother Frances Hospital Tyler, TX**

06/22/2008-03/01/2017

**RN on med/surg trauma unit**

Served as staff nurse in medical and surgical ICU

Promoted to day shift charge nurse in 2015

**University of Texas at Tyler**

08/012015-2021

**Adjunct instructor**

**University Health Shreveport, LA** 10/01/2013-08/01/2014  
**RN in surgical ICU**

**Wal-Mart Supercenter Fairfield, IL** 12/01/1997-06/22/2008  
**Support Manager/Department Manager**

## **PUBLICATIONS AND PAPERS**

Grigsby, S. et al. (2018). DNP and PhD: Complementary roles, understanding the distinctions facilitates improved outcomes through collaboration. *American Nurse Today*, 2018-2019 Education Guide. <https://americannursetoday.com/Digital/EducationGuide18-19/#p=10>

Shiple, R., Chapman, B., Davis, C., Garrett, C., Grigsby, S., & Kelley, C. (2019). DNP's: Healthcare change agents. *American Nurse Today*, 2019-2020 Education Guide. <https://americannursetoday.com/Digital/EducationGuide19-20/#page=18>

Grigsby, S. (2021). Caring for patients receiving vasopressors and inotropes in the ICU. *American Nurse Today*, 16(2); 5-10. <https://www.myamericannurse.com/vasopressors-inotropes-icu/>

Davis, C., Garrett, C.D., Grigsby, S., Shiple, R., Chapman, B., & Kelley, C.B. (2021). DNP project fundamentals. <https://www.myamericannurse.com/dnp-project-fundamentals>.

Revision of Multisystem Chapter-AACN Critical Care Nursing Book, in publication 2022

Revision of Multisystem Chapter-AACN Progressive Care Nursing Book, in publication 2022

## **MEMBERSHIPS**

North Texas Nurse Practitioner Association

Texas Nurse Practitioner Association

The American Academy of Nurse Practitioners

The American Nurses Association

Texas Nurses Association

Sigma Theta Tau International Honor Society for Nursing

Society of Critical Care Medicine

American College of Healthcare Executives

National Organization of Nurse Practitioner Faculties

ANCC

AACN

TNA Expert Advisor-APRN/Policy Committee 08/01/2019

Texas DNP 10/20/2019

Christus APC Council Chair 2021-2024

CTC APC Executive Council 2023-2024

**Recognition/Awards/Volunteer**

TNA DNP Fellow 2019

Christus Trinity Clinic Education Award for Excellence 2020

East Texas Nurse Practitioner of the Year 2020

TNA District 19 Notable Nurse of the Year 2021

Critical Care Symposium: Christus Hospital 2021-Proning

AACN and Office of U.S. Surgeon General Roundtable-Covid 19 10/29/2021

NTI Presentation-Hemodynamics and the APRN-05/16/2022

31<sup>st</sup> Annual APPE International Conference-Paper Presentation “Employer/Employee Legal and Ethical Perspectives on the Mandated Covid-19 Vaccine” February 25, 2022

ANCC Item Writer for AGACNP Certification Exam 01/01/2025-07/01/2026

TXAN Grant, Texas A&M College of Nursing 10/17/2024

Oral Presentation- Nursing Trends 2025 Conference Budapest, Hungary September 2025