

CURRICULUM VITAE

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EDUCATION

DNP	University of Texas Health Science Center San Antonio - Advanced Practice Leadership	2021
MSN	Texas A&M University Corpus Christi Family Nurse Practitioner Program	2013
BSN	University of Texas Pan American	2009
Associate of Applied Science in Nursing	University of Texas Pan American	1985

LICENSURE AND CERTIFICATES

Texas Board of Nurse Examiners, RN, 1985 – present, License # 526176
Texas Board of Nurse Examiners, APRN, 2013 – present, License # AP124078
American Nurses Credentialing Center (ANCC), Family Nurse Practitioner, 2013-present
BLS Certification, 5/04/21-5/04/2023

PROFESSIONAL EXPERIENCE

Texas A&M University College of Nursing,

Clinical Assistant Professor:	2018-present
<ul style="list-style-type: none">• Application of Evidence-Based Practice for the Registered Nurse (RN-BSN) (Undergraduate)• Community Health for the RN (Undergraduate)• Adult Health Nursing II (Undergraduate)• Adult Health Nursing I (Undergraduate)• Nursing Care of Women, Families, & Newborns (Undergraduate)• Evidence Based Practice for Nurses (Undergraduate)• Advanced Health Assessment for FNP (Graduate)• Primary Care of Families I, II and III (Graduate)• Procedures and Diagnostics (Graduate)• Theoretical Foundations of Healthcare (Doctoral)	

South Texas College 2007-2015

ADN and VN Faculty:

- Didactic Instructor for Pediatrics, Gerontology, Maternal-Child, and Foundations of Nursing
- Skills Lab Instructor
- Pediatric, OB and Med-Surg Clinical Instructor

PROFESSIONAL NURSING PRACTICE

Texas A&M Mobile Ambulatory Clinic 2022-present

Healthcare Provider and Student Preceptor

The Prenatal Clinic 2022

Family Nurse Practitioner providing obstetric care

Gracia Hospice 2022-present

Family Nurse Practitioner

Perez Elementary School Health Clinic 2017-2018

McAllen ISD

University of Texas, Rio Grande Valley School of Medicine. 2015-2017

John A. Pena Adolescent Behavioral Clinic and

Pediatric Pulmonology Clinic

Senior Nurse Practitioner, Clinical Affairs Department

South Side Night Clinic with Dr. Bertha Medina 2014-2020

Family Nurse Practitioner providing pediatric and women's health care

Monte Cristo Family Clinic 2013-2014

Nurse practitioner providing family health care

Mission Regional Hospital 2006-2007

Staff and Charge Nurse, NICU and newborn nurseries

Pro Care Health Services 2004-2006

Home health RN

McAllen Medical Center 1997-2004

Staff Nurse, NICU

Neonatal Resuscitation Program instructor in accordance with the American Academy of Pediatrics and The American Heart Association.

Neonatal transport team member

McAllen Medical Center 1989-1992

Staff and charge nurse, NICU

La Joya ISD, La Joya, Texas 1989

School Nurse

Rio Grande Regional Hospital, McAllen, Texas 1987-1989

Charge nurse, Newborn nursery and NICU

Texas Medical Foundation, McAllen, Texas 1987

Quality Review Specialist

McAllen Medical Center,
Staff and charge nurse, NICU; Surgery, circulator.

1985-1987

HONORS AND AWARDS

Recipient of Texas Nurse Practitioners Scholarship	2012
Recipient of Air Force Nurse Corps Scholarship	2019
The Daisy Award® for Extraordinary Nurses, Nurse educator	2021
Team Daisy Award CPRIT Cancer Screening Team	2022

PRESENTATIONS

State and Local Conference/Organization Presentations:

La Voz Aggieldand Spanish Podcast “Explorando el Bienestar y la Salud: Una Conversación con la Dra. Sylvia Vargas” December 8, 2023

The CPRIT Innovations Conference- Poster Presentation “Texas A&M NPs CARE: Cancer Addressed through Rural Engagement” October 2-3, 2023.

Texas A&M School of Nursing Presentation “Barriers Hispanic Students Face When Pursuing a Higher Education” September 20, 2022

Texas Health Occupation Association Conference- Presentation “Identifying Barriers Hispanic Students Face When Pursing a Nursing Career” July 19, 2022

UT Health San Antonio presentation of “Development of a Peer Chart Review Process for APRNs at a Behavioral Health Clinic: A Quality Improvement Project” Nov. 24, 2021

Texas Nurse Practitioner Association- Poster Presentation “Cultural Competence in the Care of the Hispanic Mother-Baby Couplet” 32nd Fall Conference Sept. 25-27, 2020

Texas A&M Health Science Center Family Nurse Practitioner Preceptor and Provider of Care at Operation Lone Star-Brownsville July 23-27, 2018

UTRGV-McAllen ISD School Nurse Health Assessment Workshop Co-Developer and Lead Instructor on pediatric asthma, signs, symptoms, and interventions; January 6, 2017

UTRGV-McAllen ISD Health Fairs, Health Care Provider of school physical assessments; August, 2016

South Texas College, Teaching Circles Academy, Member; contributed to the development, filming and editing of multi-disciplinary nursing allied health student

scenario showcased during SUN (Simulation Users Network) Conference, and future college presentations.

SPONSORED PROJECTS:

Texas A&M Nursing CARES: Cancer Addressed through Rural Engagement and Screening. Funding Source (2022-2023), The Discovery Foundation, PD: Weston, C., and Co-I's: Hare, M., OBriant, D., Page, R., & **Vargas, S.** Amount: \$75,000.

Expansion of Texas A&M'S Cancer Prevention Program to Rural and Medically Underserved Women (Grant Extension 2023-2024: PD: **Vargas, S.**, and Co-I's: Hare, M., OBriant, D., Page, R., Amount: 1,656,478.00 (over 4 years.)

OTHER:

Vargas, S. Complex Case Study- Respiratory, GINA Guidelines n/a (2022).

TEACHING

Texas A&M University College of Nursing

2024 Spring	NURS 625 Primary Care of Families Practicum- 25% responsible NURS 653 NURS Advanced Health Assessment-20% responsible
2023 Fall	NURS 623 Primary Care of Families II- Course Coordinator NURS 618 Advanced Pharmacology
2023 Summer	NURS 624 Primary Care of Families III- 25 % responsible NURS 323 Nursing Care of Women, Families, & Newborns
2023 Spring	NURS 461 Application of Evidence-Based Practice for the RN NURS 622 Primary Care of Families I – 25% responsible NURS 320 Adult Nursing I
2022 Fall	NURS 623 Primary Care of Families II- Course Coordinator NURS 323 Nursing Care of Women, Families, & Newborns NURS 621 Diagnostics and Procedures NURS 725 Theoretical Foundations of Healthcare
2022 Summer	NURS 624 Primary Care of Families III- 25 % responsible
2022 Spring	

	NURS 625 Primary Care of Families Practicum- 25% responsible NURS 323 Nursing Care of Women, Families, & Newborns - 67.5 % responsible
2021 Fall	NURS 623 Primary Care of Families II-Course Co-Coordinator NURS 320 Adult Nursing I- 67.5 % responsible NURS 653 Advanced Health Assessment-20% responsible
2021 Summer	NURS 624 Primary Care of Families III- 25 % responsible
2021 Spring	NURS 320 Adult Nursing I -67.5 % responsible NURS 625 Primary Care of Families Practicum- 25% responsible
2020 Fall	NURS 420 Adult Nursing II -67.5% responsible NURS 623 Primary Care of Families III 25% responsible
2020 Summer	NURS 624 Primary Care of Families III – 25% responsible
2020 Spring	NURS 411 Evidence Based Practice for Nurses – 35% responsible NURS 622 Primary Care of Families I – 25% responsible
2019 Summer	NURS 625 Primary Care of Families Practicum – 25% responsible
2019 Spring	NURS 466 Community Health for RN - 20% responsible NURS 624 Primary Care of Families III - 25% responsible
2018 Fall	NURS 623 Primary Care of Families II - 25 % responsible NURS 653 Advanced Health Assessment - 20% responsible
2018 Summer	NURS 522 Primary Care of Families I - 25 % responsible
2018 Spring	NURS 466 Community Health for RN - 20% responsible

MEMBERSHIP AND INVOLVEMENT IN PROFESSIONAL ORGANIZATIONS

TAMU SON CPRIT Principal Investigator- Summer 2023-present
 Cancer Alliance of Texas-Member at large- 2023-present
 International Association of Latino Nurse Faculty
 Member 2022- present
 Texas A&M School of Nursing
 Student Policy and Scholarship Committee- Member 2023
 Climate and Diversity Committee Chair 2022-23; 2023-24
 Texas A&M College of Nursing
 Climate and Diversity Committee Member 2020 - present
 Graduate Admissions, Progression & Graduation Committee Member 2021-present
 American Association of Nurse Practitioners – Member 2016-present
 Texas Nurse Practitioners - Member 2012-present

Valley Advanced Practice Nurse Association – Member 2015-2018
STC Vocational Nursing: Curriculum Committee Member
Budget Committee Member 2013
STC Associate Degree Nursing: Curriculum Committee Member.
Voter Registration Taskforce Member 2014
Sigma Theta Tau International Nursing Honor Society
181 Eta Omicron Chapter, member 2012-2015

PROFESSIONAL SERVICE TO THE COMMUNITY

TAMU SON CPRIT Principal Investigator- Summer 2023-present
Cancer Alliance of Texas-Member at large- 2023-present
TAMU SON Nurses Christian Fellowship Student Organization-Advisor Fall 2022-present
TAMU CPRIT Clinics Healthcare Provider and Student Preceptor 2020- present
TAMU SON Mobile Ambulatory Clinic Healthcare Provider and Student Preceptor
Brenham ISD Health Screenings 2022
TAMU SON Disaster Day Faculty Observer, Feb. 25, 2022
Prenatal Clinic Health Care Provider Feb. 1, 2022-Dec. 2022
TAMU SON CPRIT Clinic Team Faculty Member- 2021-present
Flu Clinic Volunteer Faculty TAMU CON and St. Joseph's Health- Oct. 14, 2021
TAMU IPER Symposium Group Facilitator- Nov. 17, 2021
Diversity, Equity, and Inclusion Symposium- Nov. 9-10, 2021
Botox Aesthetics Training and Certification- Sept. 15, 2021
STC Faculty Advisor Certification, 2009
Texas A&M College of Nursing Advisory Board Member
Rio Grande Valley 2017 - present